

# GARDEN GAZETTE

## OCTOBER 2019

### WHERE TO SUBMIT YOUR RENT

ALL RESIDENTS PLEASE MAKE YOUR CHECKS OR MONEY ORDERS PAYABLE TO JEFFERSON COUNTY HOUSING AUTHORITY (JCHA). MAIL YOUR PAYMENT TO THE ADDRESS BELOW OR DROP IT IN THE DROP BOX LOCATED AT THE CENTER. DO NOT LEAVE IT THE FRONT DOOR.

ALL RENT IS DUE BY THE 10<sup>TH</sup> OF EACH MONTH

201 SPRING GARDENS RD. BRIMINGHAM, AL 35217

CENTER (205) 841-5032 MAINTENANCE (205) 808-4177



### IMPORTANT NOTICE

Clean everything off of the top of your refrigerator.

The pest control technician will be pulling out the refrigerator to spray this month, in addition to their regular services. This will be done on your regularly scheduled pest control date.

# October 2019

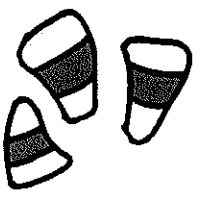
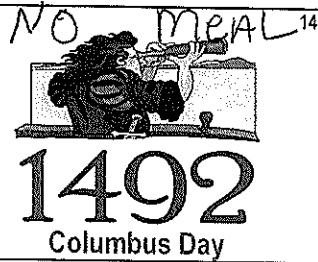
October 2019							November 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
6	7	1	2	3	4	5	3	4	5	6	7	1	2
13	14	8	9	10	11	12	10	11	12	13	14	8	9
20	21	15	16	17	18	19	17	18	19	20	21	15	16
27	28	22	23	24	25	26	24	25	26	27	28	22	23
		29	30	31								29	30

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 29 - Oct 5	Sep 29	30	Oct 1	2	3	4	5
			Pest Cont.-pink 10:00am Ceramics 10:00am EXCERISE 10:00am United Health Care	10:00am BIBLE STUDY 10:00am res. bingo 1:00pm Corner Market	9:00am Banks/Fland 10:00am Crafts 11:00am Mr. G Produce 2:00pm True Vines Ministries	10:00am EXERCISE 11:30am Puzzle Handout	
Oct 6 - 12	6	7	8	9	10	11	12
		10:00am EXERCISE 10:00am MUSIC	Pest Control-blue 10:00am Ceramics 10:00am EXERCISE	9:30am Alabama hospice care 10:00am ARTS/CRAFTS 10:00am BIBLE STUDY	9:00am Wal-Mart 10:00am Crafts 11:00am Mr. G Produce 2:00pm True Vines Ministries	10:00am EXERCISE 11:30am Puzzle Handout	
Oct 13 - 19	13	14	15	16	17	18	19
		9:00am 9:30am SENIOR BINGO 10:00am Gardendale funeral home	Pest Cont.-grn 10:00am AMEDISYS HOSPICE 10:00am Ceramics	10:00am RES. BINGO 1:00pm Corner Market 1:00pm Jernigans	10:00am Crafts 11:00am Mr. G Produce 2:00pm True Vines Ministries	10:00am EXERCISE 11:30am Puzzle Handout	
Oct 20 - 26	20	21	22	23	24	25	26
		10:00am EXERCISE 11:00am LUNCH HANDOUT	Pest Cont.-yel 10:00am Ceramics 10:00am EXERCISE	9:00am Wal-Mart 10:00am RES. BINGO	10:00am Crafts 11:00am Mr. G Produce 2:00pm True Vines Ministries	10:00am EXERCISE 11:30am Puzzle Handout	
Oct 27 - Nov 2	27	28	29	30	31	Nov 1	2
		10:00am EXERCISE 10:00am LUNCH HANDOUT	10:00am Ceramics 10:00am EXERCISE	10:00am RES. BINGO 11:00am LUNCH HANDOUT	10:00am Crafts 11:00am Mr. G Produce 2:00pm True Vines Ministries		

OCTOBER

ADSS NUTRITION PROGRAM

FALL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Menu 1</b> 1 Egg Salad Tomato Soup Mixed Green Salad Fresh Orange Whole Wheat Bread (2 sl.) Vanilla Pudding Milk Italian/Ranch Dressing	<b>Menu 2</b> 2 Blended Juice Sausage and Rice Casserole Purple Hull Peas Turnip Greens Cornbread Crispy Rice Bar Milk/Buttermilk Margarine	<b>Menu 3</b> 3 Seasoned Chicken Thigh Parslied Diced Potatoes Green Peas Dinner Roll Peaches Yellow Cake Milk Margarine	<b>Menu 4</b> 4 Orange Pineapple Juice Beef Hot Dog/Bun Baked Beans Coleslaw Hot Apple Cobbler Milk/Chocolate Milk Ketchup/Mustard/Mayo Diced Onions
<b>Menu 5</b> 7 Sliced Meatloaf / Brown Gravy Mixed Vegetables Mashed Potatoes Wheat Bread Blushing Applesauce Fudge Round Milk Margarine	<b>Menu 6</b> 8 Grape Juice Breaded Chicken Patty/Gravy Mixed Greens Navy Beans Cornbread Sugar Cookie Milk/Buttermilk Margarine	<b>Menu 7</b> 9 Orange Pineapple Juice Swedish Meatballs (5 ea.)/Swedish Sauce Rotini Noodles Carrots Texas Bread Strawberry Fruited Gelatin Milk/Chocolate Milk Margarine	<b>Menu 8</b> 10 Beef Tacos Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Pinto Beans Corn Tortilla Scoops Mandarin Oranges Milk Taco Sauce/Sour Cream	<b>Menu 9</b> 11 Blended Juice Cheesy Chicken Broccoli Casserole Field Peas Green Beans / Red Peppers Wheat Bread White Cake Milk Margarine
	<b>Menu 11</b> 15 Grape Juice Mac and Cheese Italian Flat Beans Glazed Carrots Wheat Bread Apple Spice Cookie Milk Margarine	<b>Menu 12</b> 16 BBQ Chicken Drum Collard Greens Creamed Corn Cornbread Pears Gingerbread Cookie Milk/Buttermilk Margarine	<b>Menu 13</b> 17 Beef Patty/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Hot Peach Cobbler Milk/Chocolate Milk Ketchup/Mustard/Mayonnaise	<b>Menu 14</b> 18 Blended Juice Chicken Taco Soup Spanish Rice Mixed Fruit Corn Chips Chocolate Cake Milk
<b>Menu 15</b> 21 Smoked Sausage/Bun Mashed Sweet Potatoes Lima Beans Applesauce Chocolate Chip Cookie Milk Mustard/Ketchup/Mayo	<b>Menu 16</b> 22 Apple Juice Brunswick Stew Coleslaw Saltine Crackers (4 crackers) Fresh Fruit Lemon Cake Milk Margarine	<b>Menu 17</b> 23 Blended Juice Spaghetti/Meat Sauce Green Beans Mixed Green Salad Italian Bread Chocolate Pudding Milk Margarine Italian/Ranch Dressing	<b>Menu 18</b> 24 Sweet & Sour Chicken Breast Patty Oriental Rice Cabbage Pineapple Tidbits Nutty Buddy Milk/Chocolate Milk Whole Grain Dinner Roll Margarine	<b>Menu 19</b> 25 Orange Juice Ham and Potato Casserole Okra and Tomatoes Mixed Greens Cornbread Orange Fruited Gelatin Milk/Buttermilk Margarine
<b>Menu 20</b> 28 Apple Juice Sloppy Joe/Bun California Vegetable Blend Garlic Mashed Potatoes Brownie Milk	<b>Menu 1</b> 29 Egg Salad Tomato Soup Mixed Green Salad Fresh Orange Whole Wheat Bread (2 sl.) Vanilla Pudding Milk Italian/Ranch Dressing	<b>Menu 2</b> 30 Blended Juice Sausage and Rice Casserole Purple Hull Peas Turnip Greens Cornbread Crispy Rice Bar Milk/Buttermilk Margarine	<b>Menu 3</b> 31 Seasoned Chicken Thigh Parslied Diced Potatoes Green Peas Dinner Roll Peaches Yellow Cake Milk Margarine	