

GARDEN GAZETTE

NOVEMBER 2021



OFFICES OPEN, BY APPOINTMENT ONLY MONDAY thru THURSDAY 8am to 4pm

Documents may be left at the front desk, during business hours, or in the black drop box at the front door of the office building.

Rent may be put in the drop box outside the front door of the office building or the drop box next the library door, during business hours.

Smoke/Fire Alarms

Global will be performing a final inspection of the alarms during the month of November.

They will need to have access to your apartment.

The inspections will be random.

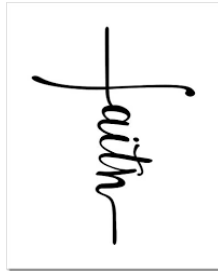
COVID BOOSTER-*Pfizer/Moderna* 1ST TIME COVID VACCINE November 16th at 10:00 (*Center's dining room*)

Mills Pharmacy will be administering Covid Boosters (Pfizer and Moderna) as well as 1st time Covid vaccines.

You will need to pre-register. Please call Deborah at 205-841-5032 ext. 1105 to reserve your spot. Deadline to register is Wednesday, Nov. 10th at 2 pm.

(P.E.P. RALLY)
PEOPLE ENCOURAGING PEOPLE

BIBLE STUDY WITH KAREN



Weekly in the crafts/ceramics room

TUESDAYS
10-12



Come join us. Play bingo for prizes on NOV. 5th. Bingo will be played in the center dining room.

10:00 am

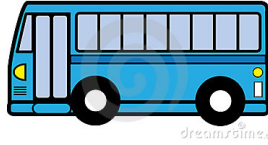
TRUE VINES MINISTRIES
Worship Service



WILL MEET IN THE DINING ROOM

(Every Thursday at 2:00 PM)

BUS TRIPS



The Spring Gardens bus is now making weekly trips. All locations will be on your monthly calendar, which is included in the Spring Gardens Gazette.

A sign-up sheet, for each trip, is located in the Center's dining room. The deadline for signing up is 1:00 PM on the day before the scheduled trip.

Any trip with less than 5 riders signed up, by the deadline, will be cancelled.

Kicking Off An Early Thanksgiving with Oak Street Health



**OAK
STREET
HEALTH**

Get a Medicare check-up, play bingo and enjoy a delicious snow cone.

November 8th at 9:30 am

(Center's dining room)

See You There!!!

SPRING GARDENS
201 SPRING GARDENS RD.
BIRMINGHAM, AL 35217
205-841-5032
MAINTENANCE: 205-808-4177

STAFF DIRECTORY

Nita Clark - Property Manager	Ext. 1102
Tammy Womble - Asst. Property Manager	Ext. 1104
Deborah Butler-Service Coordinator	Ext. 1105
Annie Thomas - Senior Center Manager	Ext. 1108

**HOT LUNCHESES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required. This is a nutrition program and not something you may “show up” to occasionally. **Regular participation is required to receive hot, congregate, meals.**

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. **NO EXCEPTIONS.** Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$3.73.

Hot lunches are ordered based on the number of people that support the center **regularly** and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they’re all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

If, for some unforeseen reason, GA Foods is unable to provide food or the food is delivered and doesn’t meet temperature requirements, we will provide a hot lunch from another source.

Lunches will be provided, under these circumstances, to anyone signed up by 10:30 am.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)**



Shelley Barlow will be bringing lots of Avon products.
Get an early start on your holiday shopping.

NOV. 10th at 10:00
(Center's Dining Room)

THANKSGIVING CLOSING



The Senior Center will be closed Nov. 25th and 26th for
Thanksgiving and will reopen on Nov. 29th.

HAPPY THANKSGIVING

QDS BOUTIQUE



Lashan Johnson will have clothing, handbags, wallets and much more, for your shopping pleasure. You don't want to miss out on this cute stuff!

NOV. 10th at 10:00
(Center's Dining Room)



PAPARAZZI JEWELRY

(Center's dining room)



November 17th at 10:00