

GARDEN GAZETTE

MARCH 2022



SPRING GARDENS
201 SPRING GARDENS RD.
BIRMINGHAM, AL 35217
205-841-5032
MAINTENANCE: 205-808-4177

STAFF DIRECTORY

Nita Clark - Property Manager	Ext. 1102
Tammy Womble - Asst. Property Manager	Ext. 1104
Annie Thomas - Senior Center Manager	Ext. 1108
Ardrea Johnson-Service Center Coordinator	Ext. 1105

FARMER'S MARKET COUPONS

Anyone 60 years of age, or older, is eligible to apply for coupons by using the website address below:

http://fma.alabama.gov/seniornutrition/offseason_default.aspx

OR you may contact Ardrea Johnson-Service Coordinator 841-5032 Ext. 1105

Mobile Market

The Mobile Market will be back in MARCH

MARCH 10TH 9AM TO 11AM

Ceramics And Crafts

**Ceramics and Crafts will meet every Monday and Wednesday at 10 am to 2pm.
Unless the center is closed on those days.**

Jackie Harland/ Instructor



Come join us. Play bingo for prizes on MARCH 15th and 23RD.
Bingo will be in the center dining room.

10:00am

AIR FILTERS

If you didn't get your air filter changed in February,
maintenance will be changing them in the month of
March.

(P.E.P. RALLY)

PEOPLE ENCOURAGING PEOPLE

BIBLE STUDY WITH KAREN

Weekly in the crafts/ceramics room

TUESDAYS

10-12

CROCHET CLASSES

Crochet classes are every Wednesday 10am to 2pm. There is a \$3.00 fee for materials (yarn and crochet hook) to begin. There will be other special crafts at different times.

ARCH WELL HEALTH

Wanda Bledsoe, Consultant for Arch Well Health, will be here on March 8th. The theme will be ST. PATRICK'S DAY. She will do a presentation and play a game.
Center Dining Room at 10 am.



WELLNESS CHECKS

Wellness Checks will be by appointments only. Contact person is Ardrea Johnson, Service Coordinator. Please call before March 3rd, 205-841-5032, ext.1105.

MAINTENANCE CALLS

If you have called in a work order and it hasn't been completed, we are diligently working to get to all of them. Unless the severity of your work order has changed, there is no need to call repeatedly about your pending request.

WELCOME ARDREA!
(SERVICE COORDINATOR)



ARDREA JOHNSON

We are excited to announce that we have a new Service Coordinator.

Welcome to our team Ardrea!

HAVE YOU CHANGED YOUR TELEPHONE NUMBER?

If your telephone number has changed, since you've moved in or transferred on the property, and have NOT contacted the office, please call the office and give us the updated telephone number.

TRUE VINES MINISTRIES
(Worship Service)

Meets in the dining room every Thursday at 2:00 PM

QDS BOUTIQUE
March 9th at 10:00 AM
Center Dining Room

**HOT LUNCHESES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required. This is a nutrition program and not something you may “show up” to occasionally. **Regular participation is required to receive hot, congregate, meals.**

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. **NO EXCEPTIONS.** Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$3.73.

Hot lunches are ordered based on the number of people that support the center **regularly** and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they’re all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

If, for some unforeseen reason, GA Foods is unable to provide food or the food is delivered and doesn’t meet temperature requirements, we will provide a hot lunch from another source.

Lunches will be provided, under these circumstances, to anyone signed up by 10:30 am.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)**



Automatic Renewal of Your Lease.

If you are a resident of a Section 8 project-based building, your lease must be renewed unless the management can point to a specific set of circumstances that shows that there is good cause as to why your lease should be terminated or not renewed. Management must tell you, in writing, (usually by mailing you a letter) that your lease will not be renewed or terminated, based on specific set of facts which must be described (in writing) to you.

Some examples of non-compliance/good cause (by household members or guests) are substantial lease violations:

- Non-payment of rent;
- Violence/ threats of violence;
- Hoarding/health and safety inspection failure;
- Damage to the property;
- Drug and/or Criminal activity;
- Repeat minor violations (noise, late payment of rent; violation of house rules, etcetera).

*Please note: this is a general list, some activities not listed here could also be considered good cause, depending on the circumstances.

*Section 8 voucher holders do not have a right to an automatic renewal of lease.

March 2022


March 2022							April 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	6	7	8	9	10	11	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

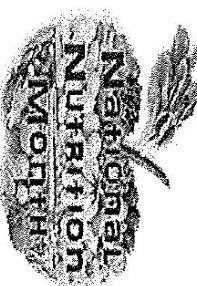
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb 27	28	Mar 1	2	3	4	5
	10:00am Ceramics 10:00am EXERCISE VIDEO	Pest Cont -Pink 9:30am EXERCISE VIDEO 10:00am Bible Study	9:30am MOVIE 10:00am Ceramics	12:15pm Wal-Mart 2:00pm TRUE VINES MINISTRIES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am MUSIC/OLDIES	
6	7	8	9	10	11	12
	10:00am Ceramics 10:00am EXERCISE VIDEO	Pest Cont./Blue 10:00am Bible Study 10:00am ARCHWELL 12:15pm Thrift St./Dol. Gen/Grocery	9:00am Wellness Checks 10:00am Ceramics 10:00am QDS Boutique	9:00am MOBILE MARKET 2:00pm TRUE VINES MINISTRIES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am EXERCISE VIDEO	
13	14	15	16	17	18	19
	9:30am MUSIC/OLDIES 10:00am Ceramics	Pest Cont./Gm 10:00am Bible Study 10:00am BINGO	9:30am MUSIC/OLDIES 10:00am Ceramics	12:15pm Aldi/Target Mall 2:00pm TRUE VINES MINISTRIES	OFFICE CLOSED/DINING ROOM 9-1 10:00am PUZZLE DAY	
20	21	22	23	24	25	26
	9:30am EXERCISED 10:00am Ceramics	Pest Cont./Nel 10:00am Bible Study 10:00am PUZZLE DAY	10:00am BINGO 10:00am Ceramics	9:00am MOBILE MARKET 12:15pm Wal-Mart 2:00pm TRUE VINES MINISTRIES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am MUSIC/VIDEO	
27	28	29	30	31	Apr 1	2
	9:30am MUSIC/OLDIES 10:00am Ceramics	10:00am Bible Study 10:00am PUZZLE DAY	9:30am EXERCISED VIDEO 10:00am Ceramics	8:00am TRUE VINES MINISTRIES 12:15pm Dol.Tire/Aldi		

MARCH 2022

ADSS NUTRITION PROGRAM WINTER MENU

WINTER FY22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<p>Menu 7 Orange Juice BBQ Pork Riblet/Bun Polonio Onion Bake Coleslaw Lemon Fritted Gelatin Milk Margarine</p>	<p>Menu 8 Orange Juice Turkey Vegetable Stew Seasoned Diced Potatoes Mixed Green Salad Texas Bread Iced Orange Coke Milk Margarine Italian/Ranch Dressing</p>	<p>Menu 9 Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Corn Chips Pinto Beans Fresh Orange Milk/Chocolate Milk Sour Cream/Mild Taco Sauce</p>	<p>Menu 10 Apple Juice Sweet and Sour Meatballs (5 each) Brown Rice Steamed Cabbage & Collard Greens Cornbread Oatmeal Cream Pie Milk/Buttermilk Margarine</p>	<p>Menu 11 Lemon Pepper Chicken Dum Buttermilk Sauce Mixed Vegetables Wheat Bread Fresh Fruit Vanilla Pudding Milk Margarine</p>
<p>Menu 12 Blended Juice Meatball Sub (5 each)/Bun Sliced Cheese (1 each) Pasta Salad Parried Carrots Orange Fritted Gelatin Milk Margarine</p>	<p>Menu 13 Orange Juice Turkey and Rice Bake Mashed Sweet Potatoes Italian Flil Beans Wheat Bread Oatmeal Raisin Cookie Milk Margarine</p>	<p>Menu 14 Beet and Bean Chili Whole-Kernel Corn/Peppers Mixed Green Salad Crackers (3 pkg) Applesauce White Cupcake Milk Margarine Italian/Ranch Dressing</p>	<p>Menu 15 Apple Juice BBQ Chicken Breast Garlic Mashed Potcio Mixed Greens Cornbread Chocolate Pudding Milk/Buttermilk Margarine</p>	<p>Menu 16 Broiled Beef Potly/Bun Baked Beans Chips Shredded Lettuce/Onion/Tomato Fresh Fruit Cocornut Pie Milk/Chocolate Milk Mustard/Ketchup/Mayo/onnise</p>
<p>Menu 17 Seasoned Chicken Thigh Diced Potatoes California Blend Vegetables Wheat Bread Fresh Fruit Strawberry Fritted Gelatin Milk Margarine</p>	<p>Menu 18 Orange Juice Beef Frank/Bun Baked Beans Coleslaw Chopped Onion Pecan Pie (or assorted flavors) Milk/Chocolate Milk Mustard/Ketchup/Mayo/onnise</p>	<p>Menu 19 Blended Juice Mac and Cheese Black Eyed Peas Collard Greens Cornbread Chocolate Cupcake (or assorted flavors) Milk/Buttermilk Margarine</p>	<p>Menu 20 Salsbury Steak with Brown Gravy Parried Mashed Potatoes Glazed Carrots Texas Bread Fresh Orange Butterscotch Pudding (or assorted flavors) Milk Margarine</p>	<p>Menu 21 Grape Juice Spaghetti/Meat Sauce Green Beans Mixed Green Salad Dinner Roll Snickerdoodle Cookie Milk Margarine Italian/Ranch Dressing</p>
<p>Menu 2 Stappy Joe/Bun Diced Sweet Potatoes Chips Fresh Fruit Cherry Fritted Gelatin (or assorted flavors) Milk Margarine</p>	<p>Menu 3 Orange Juice Bunswick Stew Brown Rice Green Beans w/ Red Peppers Crackers (3 pkg) Nifty Buddy Milk/Chocolate Milk Margarine</p>	<p>Menu 4 Blended Juice Pork Chop Potly/Mushroom Gravy Mixed Greens Black Eyed Peas Cornbread Apple Spice Cookie Milk/Buttermilk Margarine</p>	<p>Menu 5 Italian Seasoned Chicken Breast Cavatappi Pasta Moiranc Green Lima Beans Wheat Bread Sliced Peaches Yellow Cupcake Milk Margarine</p>	<p>Menu 6 Apple Juice Meatloaf/Tomato Gravy Mashed Potatoes Green Peas Dinner Roll Banana Pudding Milk Margarine</p>
28	29	30	31	4



11/23/2021