

GARDEN GAZETTE

APRIL 2022



SPRING GARDENS
201 SPRING GARDENS RD.
BIRMINGHAM, AL 35217
205-841-5032
MAINTENANCE: 205-808-4177

STAFF DIRECTORY

Nita Clark - Property Manager	Ext. 1102
Tammy Womble - Asst. Property Manager	Ext. 1104
Annie Thomas - Senior Center Manager	Ext. 1108
Ardrea Johnson-Service Center Coordinator	Ext. 1105

Mobile Market

The Mobile Market will be here on.

APRIL 21ST 9AM TO 11AM

Ceramics And Crafts

Ceramics and Crafts will meet every Monday and Wednesday at 10 am to 2pm. Unless the center is closed on those days.

Jackie Harland/ Instructor



Come join us. Play bingo for prizes on April 11TH and 21st.
Bingo will be in the center dining room.

10:00am

CROCHET CLASSES

Crochet classes are every Wednesday 10am to 2pm. There is a \$3.00 fee for materials (yarn and crochet hook) to begin. There will be other special crafts at different times.

(P.E.P. RALLY)

PEOPLE ENCOURAGING PEOPLE

BIBLE STUDY WITH KAREN

Weekly in the crafts/ceramics room

TUESDAYS

10-12



**OAK
STREET
HEALTH**

Leonard Bell, Outreach Executive for Oak Street Health on April 5th.
He will discuss Fall Prevention and will answer any questions you may have.

10 AM CENTER DINING ROOM



LAUNDRY ROOMS

Please do not leave items in the laundry rooms, for any reason.
Due to increased traffic on the property, at night, we recommend that the laundry rooms not be used after 9 P.M.

TRUE VINES MINISTRIES (Worship Service)

Meets in the dining room every Thursday at 2:00 PM

AIR FILTERS

Maintenance will continue to change air filters in the month of APRIL.

SPRINGDALE BAPTIST CHURCH - BUS MINISTRY



If you, or someone you know, are interested in attending services at Springdale Baptist Church, you may contact Mr. Don Preston 205-482-1109 for more information.

**HOT LUNCHESES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required. This is a nutrition program and not something you may “show up” to occasionally. **Regular participation is required to receive hot, congregate, meals.**

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. **NO EXCEPTIONS.** Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$3.73.

Hot lunches are ordered based on the number of people that support the center **regularly** and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they’re all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

If, for some unforeseen reason, GA Foods is unable to provide food or the food is delivered and doesn’t meet temperature requirements, we will provide a hot lunch from another source.

Lunches will be provided, under these circumstances, to anyone signed up by 10:30 am.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)**

ENERGY ASSISTANCE

(Formerly administered by JCCEO)

April 14, 2022

Senior Center Library

9:00 am

Interviews will be performed on a first come, first serve basis, and will begin at 9:00 am.

Bring your application and copies with you for the interview.

No copies will be made the day of interviews, NO EXCEPTIONS.

QDS BOUTIQUE

Boutique

APRIL 6TH at 10:00 AM


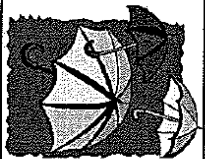
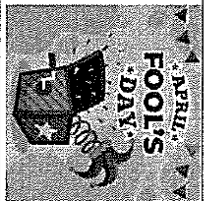

Center Dining Room

EASTER
Blessings

APRIL 2022

ADSS NUTRITION PROGRAM SPRING MENU

Spring FY22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Menu 2 Apple Juice Swedish Meatballs (5 each) Egg Noodles/Gravy Mixed Vegetables Dinner Roll Peach Fulfed Gelatin Milk Margarine</p>	 <p>Menu 3 Chicken Breast/Poultry Gravy Mashed Sweet Potatoes Okra and Tomatoes Wheat Bread Apple or Fresh Fruit Butterscotch Pudding Milk Margarine</p>	<p>Menu 4 Orange Juice Spaghett/Meat Sauce Italian Fat Beans Mixed Green Salad Italian Bread Nuttty Buddy Milk Margarine Italian/Ranch Dressing</p>	 <p>Menu 5 Pork Chop Patty/Wustring Gravy Black Eyed Peas Collard Greens Cornbread Applesauce White Cake Milk/Buttermilk</p>	<p>Menu 1 Sausage Patties (2 each) Cheese Grils Stewed Tomatoes Biscuit/Cheese (1 slice) Fresh Orange Oatmeal Raisin Cookie Milk/ Margarine/Jelly</p>
<p>Menu 7 Salisbury Steak/Brown Gravy Fulfed Mashed Potatoes Glazed Carrots Texas Bread Fresh Orange Vanilla Pudding Milk Margarine</p>	<p>Menu 8 Apple Juice Southwestern Turkey & Rice Bake Green Beans Fiesta Corn Wheat Bread Oatmeal Cream Pie Milk Margarine</p>	<p>Menu 9 Lemon Pepper Chicken Drum Mac and Cheese Mixed Greens Cornbread Sliced Peaches Yellow Cake Milk/Buttermilk Margarine</p>	<p>Theme Menu Orange Juice Ham/Pineapple Sauce Scalloped Potatoes Green Peas and Carrots Dinner Roll German Chocolate Cake Margarine</p>	 <p>Menu 16 Blended Juice Chicken Alfredo Green Peas Butternut Squash Wheat bread Fudge Round Milk Margarine</p>
<p>Menu 12 Orange Juice Chicken Cacciatore Cavatappi Pasta/Sauce Green Lima Beans Dinner Roll Strawberry Fulfed Gelatin Milk Margarine</p>	<p>Menu 13 Mexican Cheesy Beet Bake Pinto Beans Mixed Green Salad Crackers (2 pkg) Apple or Fresh Fruit Chocolate cake Milk Margarine Italian/Ranch Dressing</p>	<p>Menu 14 Apple Juice BBQ Pork Riblet Creamed Corn Collard Greens/Cabbage Cornbread Banana Pudding Milk/Buttermilk Margarine</p>	<p>Menu 15 Bricled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Apple Fruit Pie Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise</p>	
<p>Menu 18 Orange Juice Medicid/Onion Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Lemon Cookie Milk Margarine</p>	<p>Menu 19 Mexican Cheesy Beet Bake Pinto Beans Mixed Green Salad Crackers (2 pkg) Apple or Fresh Fruit Chocolate cake Milk Margarine Italian/Ranch Dressing</p>	<p>Menu 20 Seasoned Ground Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Fresh Orange Milk/Chocolate Milk Sour Cream/Mild Taco Sauce</p>	<p>Menu 21 Bricled Beef Patty/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Apple Fruit Pie Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise</p>	
<p>Menu 25 Orange Juice Medicid/Onion Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Lemon Cookie Milk Margarine</p>	<p>Menu 26 Seasoned Ground Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Fresh Orange Milk/Chocolate Milk Sour Cream/Mild Taco Sauce</p>	<p>Menu 27 Seasoned Ground Beef Lettuce/Cheese/Tomato Corn Chips Pinto Beans Fresh Orange Milk/Chocolate Milk Sour Cream/Mild Taco Sauce</p>	<p>Menu 28 Apple Juice Mac and Cheese Black Eyed Peas Mixed Greens Cornbread Lead Orange Cake Milk/Buttermilk Margarine</p>	
<p>Menu 29 Sausage Patties (2 each) Cheese Grils Stewed Tomatoes Biscuit/Cheese (1 slice) Fresh Orange Oatmeal Raisin Cookie Milk/ Margarine/Jelly</p>				



April 2022

April 2022							May 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9	1	2	3	4	5	6	7
10	11	12	13	14	15	16	8	9	10	11	12	13	14
17	18	19	20	21	22	23	15	16	17	18	19	20	21
24	25	26	27	28	29	30	22	23	24	25	26	27	28

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 27	28	29	30	31	Apr 1	2
	9:30am EXERCISE VIDEO 10:00am Ceramics	PEET CONT/OUTSIDE 10:00am Bible Study 10:00am OAK STREET HEALTH	10:00am Ceramics 10:00am PUZZLE DAY 10:00am QDS BOUTIQUE	12:15pm Wm/Banks/Dol:Tree 2:00pm TRUE VINES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am EXERCISE VIDEO	
3	4	5	6	7	8	9
	9:30am EXERCISE VIDEO 10:00am Ceramics	PEET CONT/OUTSIDE 10:00am Bible Study 10:00am OAK STREET HEALTH	10:00am Ceramics 10:00am PUZZLE DAY 10:00am QDS BOUTIQUE	12:15pm Wm/Banks/Dol:Tree 2:00pm TRUE VINES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am EXERCISE VIDEO	
10	11	12	13	14	15	16
	10:00am bingo 10:00am Ceramics	PEET CONT/OUTSIDE 10:00am Bible Study	9:30am MUSIC/OLDIES 10:00am Ceramics	9:00am ENERGY ASST. 12:30pm Aldi/Festival Ctr/Bosess Exp 2:00pm TRUE VINES	GOOD FRIDAY CENTER CLOSED	
17	18	19	20	21	22	23
HAPPY EASTER	9:30am EXERCISE VIDEO 10:00am Ceramics	PEET CONT/OUTSIDE 9:30am MUSIC VIDEO/OLDIES 10:00am Bible Study	9:30am EXERCISE VIDEO 10:00am Ceramics	9:00am MOBILE MARKET 10:00am bingo 12:15pm TRUSSVILLE 2:00pm TRUE VINES	OFFICE CLOSED/DINING ROOM OPEN 9-1 10:00am PUZZLE DAY	
24	25	26	27	28	29	30
	9:30am EXERCISED VIDEO 10:00am Ceramics	PEET CONT/OUTSIDE 10:00am PUZZLE DAY	9:30am MUSIC/OLDIES 10:00am Ceramics	12:15pm ALDI/DOL GEN/THRIFT STORE 2:00pm TRUE VINES	OFFICE CLOSED/DINING ROOM OPEN 9-1 9:30am EXERCISE VIDEO	

Tammy Womble