


GARDEN GAZETTE

JANUARY 2025

Welcome January

January is a time of quiet and new beginnings - is the perfect time to reflect on how you want to live your life.

January is the perfect time to refocus on your priorities and set goals.

Think Positive Words 

HAPPY NEW YEAR

SPRING GARDENS APARTMENTS

201 Spring Gardens Rd.

Birmingham, AL 35217

Business Office: (205) 841-5032

Maintenance: (205) 808-4177

Property Manager: Erica Leonard

Assistant Property Manager: Shay McCall

Resident Service Coordinator: Ardrea Johnson

Senior Center Manager: Ronda Graham




**OAK
STREET
HEALTH**

**JANUARY 8
10:00AM BINGO**



**HAPPY BIRTHDAY TO THE
RESIDENTS BORN IN!!!
JANUARY**

**BIBLE STUDY/ TRUE VINES
MINISTRIES**



WILL MEET IN THE DINING ROOM

THURSDAYS at 2PM

Bible Study with
Debbie is every
second Monday at
10:00am in the
library.

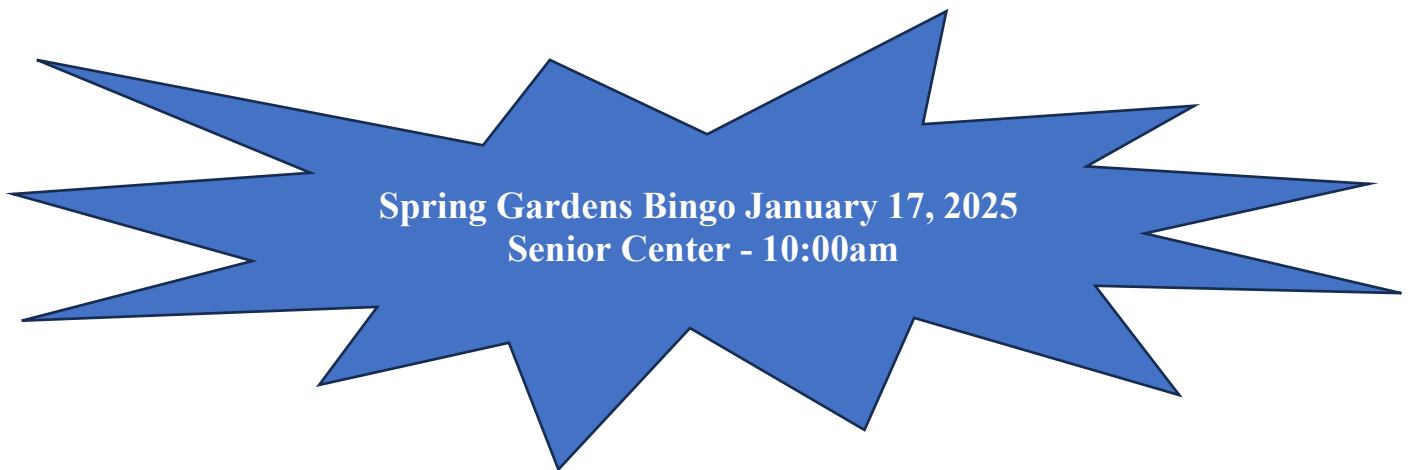
D'VYNE RESILIENCE

Paparazzi Jewelry

KIM CROOM
January 8, 2025
10 AM



CERAMICS 10:00 AM TO 2:00 PM
MONDAYS & WEDNESDAYS



FROM THE SPRING GARDENS TEAM



**THE FRONT OFFICE AND THE
SENIOR CENTER WILL BE
CLOSED IN OBSERVANCE OF
MARTIN LUTHER KING DAY
Monday January 20, 2025.**

**HOT LUNCHESES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.

Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$5.53.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

Spring Gardens Library



Do not forget that we have a library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy some quiet time with a book or take one home for your enjoyment.



TAI CHI WITH ADRIENE
10:00 AM EVERY THURSDAY



BUS TRIPS FOR **JANUARY**

JANUARY 2(THURS) – BANKS/WAL-MART

JANUARY 8 – ROSE’S/ALDI

JANUARY 15 – CRACKER BARREL

JANUARY 22 - PUBLIX MALL

JANUARY 29 – TRUSSVILLE CROSSING

THE BUS LEAVES AT 12:00PM

FROM THE DESK OF THE PROPERTY MANAGER

- Unauthorized occupants are not allowed. Guests cannot live in your apartment for longer than 14 days within a calendar year without Management approval.

Happy New Year!!!!

- Your apartment and patio should be neat and clean. Please remove all mops, brooms and buckets from your patio. Please remove any indoor furniture.
- Residents nor guests can park on the grass. There are no exceptions to parking on the grass
- All abandoned and inoperable vehicles must be removed from the property. They will be ticketed for towing at the vehicle owner's expense.
- If your phone number changes, please call the office to update.
- Do not disturb the peace and quiet enjoyment of your neighbors. You are responsible for your guests.
- Please reduce your speed when driving through the community. Drive the right way. Follow the arrows within the community

Share the above information with your guests. Again, you are responsible for your guests. Let's continue to keep our community beautiful, quiet and peaceful.

Erica Leonard
Property Manager